

Food Resources for College Students

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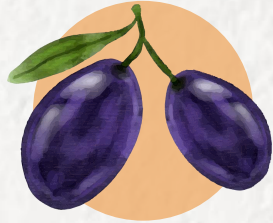




The Coalition Against Hunger

We strive to build a community where all people have the food they need to lead healthy lives

Immediate Relief



Food Pantries &
Soup Kitchens

Short-term Relief



SNAP
(Food Stamps)
enrollment

Long-term Change



Policy Center



Food Pantries and Soup Kitchens



www.hungercoalition.org/food-pantries



COALITION AGAINST
HUNGER

ABOUT ▾ THE WALK ▾ SNAP ▾ ADVOCACY ▾ FOOD PANTRIES ▾ **GIVE NOW**



Home > FOOD PANTRIES > FOOD PANTRIES IN THE PHILADELPHIA REGION

SEARCH FOOD PANTRIES

[Start Over](#)

Located

miles from

An Address or Zip Code

Search Name

County

- Any - ▾

Type

- Pantry
- Soup Kitchen

Handicapped Access

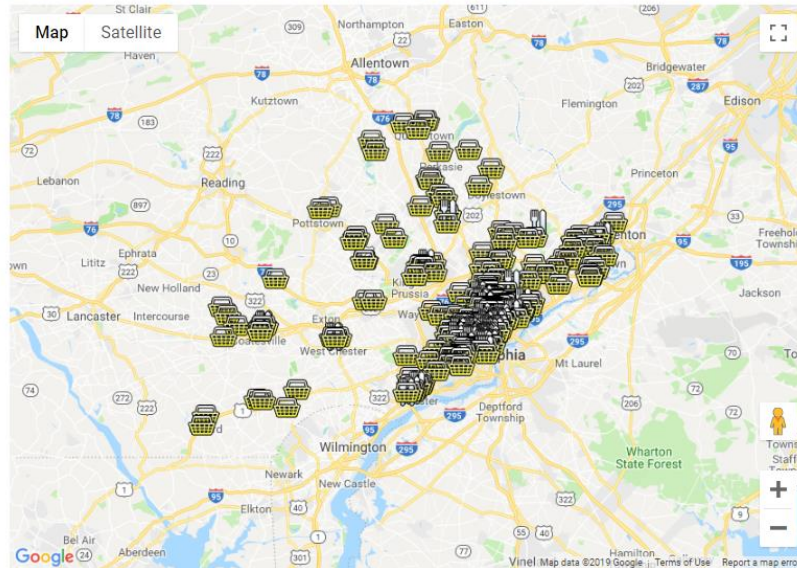
- Yes

Open On


- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

SEARCH

FOOD PANTRIES IN THE PHILADELPHIA REGION



www.phila.gov/food



Food distribution sites Beta


Find free food and meals during COVID-19

Search by address

[English](#) [Español](#) [中文](#) [Tiếng Việt](#) [Русский](#) [Français](#)

REFINE [Clear all](#)

Food site Outdoor meal site Senior meal site Student meal site



Before you go:
Check the specific site information. Hours are subject to change.

[VIEW LIST](#)

Food sites

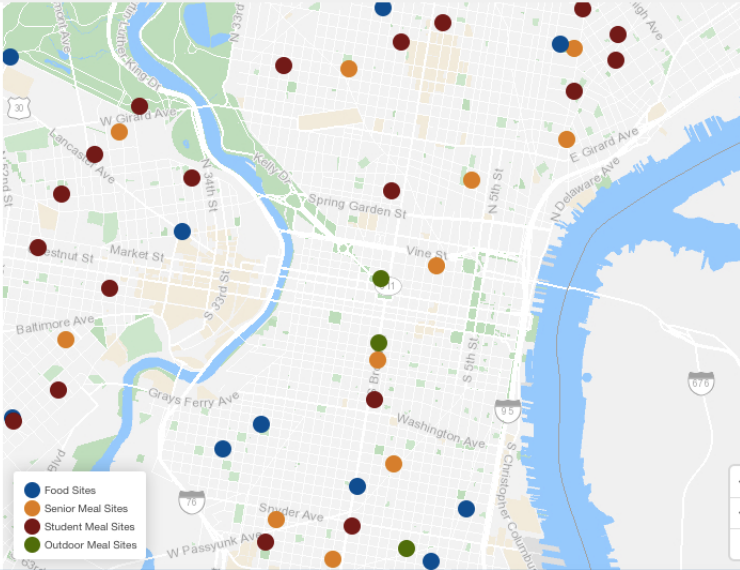
Eligibility	Any resident is eligible. No ID or proof of income is required
Pickup details	Residents can get one box per household

Student meal sites

Eligibility	Check the specific site information.
Pickup details	63 Philadelphia School District schools

Senior meal sites

Eligibility	Adults 60 and over are eligible at sites supported by the Philadelphia Corporation for Aging (PCA). Seniors must call ahead to reserve meals prior to pickup.
	Adults 55 and over are eligible at the Parks & Recreation older adult centers. No reservation necessary.



www.findhelp.org

The screenshot displays the homepage of findhelp.org. At the top left is the logo, and at the top right are links for Support, Sign Up, and Log In. A search bar with a magnifying glass icon is positioned on the left, with the text "ZIP or keyword or program name" inside. To the right of the search bar is the text "Search and connect to support. Financial assistance, food pantries, medical care, and other free or reduced-cost help starts here:". Below the search bar is a "Select Language" dropdown menu. A horizontal navigation bar contains ten categories, each with an icon and a label: FOOD (apple), HOUSING (house), GOODS (table lamp), TRANSIT (bus), HEALTH (heart with pulse), MONEY (banknote), CARE (person), EDUCATION (book), WORK (briefcase), and LEGAL (scales). The main content area features a large upward-pointing arrow above the text "3,753 programs in the Philadelphia, PA 19147 area". Below this is a horizontal line and the text "Choose from the categories above and browse local programs, or search for any service. Select Language ▼ to translate the site." At the bottom, a horizontal line is followed by the text "This curated database of resources is provided by findhelp, a Public Benefit Corporation."

findhelp.org

Support Sign Up Log In

ZIP or keyword or program name

Select Language

Search and connect to support. Financial assistance, food pantries, medical care, and other free or reduced-cost help starts here:

FOOD HOUSING GOODS TRANSIT HEALTH MONEY CARE EDUCATION WORK LEGAL

↑

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in the Philadelphia, PA 19147 area

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This curated database of resources is provided by **findhelp, a Public Benefit Corporation.**

SNAP
(Food Stamp)
Enrollment



Supplemental Nutrition Assistance Program

- Federally funded, state administered nutrition program
- Deposits money monthly onto an ACCESS card, which is similar to a debit card
- Provides people with money to purchase food items at grocery stores, participating farmer's markets, and participating corner stores
- Benefit range for a single person = \$23-\$281*



SNAP Directly Responds to Hunger



- Directly helps those in need
- Covers basic food & nutrition
- Encourages dignity
- Lessens stress of “treat or eat” decisions
- Helps almost 1.9 million PA residents to put food on the table
- Helps the economy, retailers, farmers, etc.
- Many people have misconceptions and do not realize they are eligible



SNAP is Not a Capped Program!

- There is no limit to how many people can receive SNAP benefits.
- SNAP is considered an “entitlement” program, which means that anyone who meets all the eligibility criteria can and should apply for benefits.
- 14% of residents in PA (**1 in 7**) received SNAP benefits in 2021



Who is Eligible for SNAP?

Almost anyone with low income

- Individuals
- Families with children
- Seniors and people with disabilities
- Unemployed, underemployed, and low-wage individuals
- Some college students (more with COVID rules!)
- Certain non-citizens



When Determining Eligibility...



SNAP benefits are determined through a number of factors:

- Household Size
- Gross Income (before taxes)
- Allowable Deductions
- Special Groups:
 - Seniors & Individuals with disabilities (ESAP)
 - College students
 - Immigrants

Household Size

Basic definition—People who live together and buy and prepare meals together

- Spouses
- Families with children
- Intergenerational homes

Other Definitions

- A person living with others who buys food and prepares meals separately (ex. roommates)
- A person living alone (single individual)



Mandatory Household Members



Must apply together as one household:

- Spouses
- Children under 22 years old that live with parents/guardians
 - Includes biological, adopted, and stepchildren
- Others under 18 years old living under “parental supervision”
 - Includes cousins, nieces, nephews, etc.



SNAP Income Guidelines Vary by Household Size



PA – Monthly SNAP Eligibility Limits (Oct. 1, 2022 – Sept. 30, 2023)	
Number of Household Members	Household Income (All Household Types) 200% Poverty
1	\$2,266
2	\$3,052
3	\$3,840
4	\$4,626
5	\$5,412
6	\$6,200
Larger households add \$788 per person	

What Income “Counts”?



Earned Income

- Wages
- Self-employment
- Rental Income
- AmeriCorps VISTA Income (if not receiving SNAP prior to service)



Unearned Income

- Retirement Benefits
- Social Security/Disability
- Pensions and Retirement Plans
- Supplemental Security Income (SSI)
- VA Disability Benefits

Exempt Income

- Tax refund (including stimulus payments)
- Educational Assistance (grants, scholarships)
- Work Study income
- Income in kind (e.g., free rent in exchange for odd jobs)
- “Vendor” payments - meaning someone else pays a bill (for instance, a parent helps with rent)



Special Groups



Seniors &
Individuals with
Disabilities



College
Students



Immigrant
Families

College Students

Always Eligible

- Caring for a child under age 6
- Caring for a child under age 12 if the student is a single parent in college full time
- **Working 20 hours a week or more**
- **Receiving work study income**
- Self-employed (this includes Uber/Lyft/TaskRabbit) and making the same amount as someone working 20 hours a week at the federal minimum wage (currently \$145 per week)
- “Unfit for work” (that is, have a medical barrier to employment)
- Receive TANF/cash assistance benefits
- Under age 18 or over age 50
- Enrolled less than half time
- Qualified for one of a few other small exceptions



College Students in PA

Eligible in PA

- Community College students

Eligible Due to COVID-19*

- Students who are work study eligible, even if not in a work study position
- Students with an Expected Family Contribution of \$0

***The COVID-19 public health emergency is ending
May 11th**

- COVID-19 eligibility exceptions will end 30 days after
- **If you have SNAP prior to this ending, you may be able to keep SNAP until your annual recertification**



How to Apply for SNAP

Online

<https://www.compass.state.pa.us>

In Person

County Assistance Office (CAO)

Through a Community Partner



SNAP Hotline*



Screen for
Eligibility



Apply Over the
Phone



Case
Management

Open Mon-Thurs 9-5, Fri 9-4
215-430-0556



*For PA residents

SNAP Application Process

Complete application

Submit verification documents

Complete interview

Return 6-month Semi-Annual
Reporting Form (SAR) on time

Complete 1 year recertification on
time



SNAP Benefit Amounts



- SNAP adds up your earned and unearned income, then applies the deductions to get your “net income”
- The SNAP benefit you are given is the difference between 30% of your net income and the maximum benefit
- The more expenses you report, the higher your benefit may be!

Maximum SNAP benefits (October 1, 2022- September 30, 2023)	
Household Size	Maximum Benefit
1	\$281
2	\$516
3	\$740
4	\$939
5	\$1,116
6	\$1,339
Each added person	\$211

Extra Benefits of SNAP



Art Reach

Visit local museums, theatres, and more for just \$2 admission for you and up to three guests
<https://cutt.ly/art-reach>



Farmer's Markets

Get \$2 of Philly Food Buck coupons for every \$5 you spend with SNAP at participating markets
<https://cutt.ly/food-bucks>



Extra Benefits of SNAP



Amazon Prime

Get a discounted membership to Amazon Prime for just \$5.99/month
<https://cutt.ly/a-prime>



Indego Bikes

Get unlimited 1 hour bike trips for just \$5/ month, or for \$48/year
<https://cutt.ly/indego>



Advocacy

- <http://www.hungercoalition.org/>
- Sign up to receive our weekly [Coalition Community Update](#) and up-to-date [Advocacy Alerts](#)
- Reach out to Congress



Any Questions?

